1. Print out on light card (paper is too thin) and cut out the segments.
2. Create the joint holes with a hole or eyelet punch.
3. Use either papercraft eyelets (preferred) or brass paper fasteners (more readily available) to join the segments.
4. The green circle (right thigh) should be punched out so you can read the angle between thigh segments on the green goniometer.

Full instructions and Flash version at www.wwRichard.net/eVerne