- 1. Print out on light card (paper is too thin) and cut out the segments.
- 2. Create the joint holes with a hole or eyelet punch.
- 3. Use either papercraft eyelets (preferred) or brass paper fasteners (more readily available) to join the segments.
- 4. The green circle (right thigh) should be punched out so you can read the angle between thigh segments on the green goniometer.

